

Curriculum Vitae

BRUNO LACROIX



<http://lacroix-bruno.wix.com/feel-good>



RESUME (curriculum vitae)

Personal Details

Name: **Bruno Lacroix**

Address: Lot 9- Les Melanos
83630 Régusse
France

Home Phone: 00 33 967 83 91 69

Mobile: 00 33 680 57 19 48

E-mail: nutriresearch@hotmail.com

Nationality: French

Languages: French (mother tongue)
English (spoken, written, read)

Key Skills:

- + Diplôme de Médecine fonctionnelle (*London*)
- + Diplôme de Nutrition & Micro nutrition (*Dijon University*)
- + Spécialisation Sport et performance
- + Expert en Physiologie humaine, Nutrition et Micronutrition (*Los Angeles university*)
- + In speaker in Functional Medicine & Pro-Aging Medicine (more than 400 conferences)
- + Coaching doctors & people for health
- + Creating new products for health
- + Member of « 'Institut Européen de Physionutrition et de Phytothérapie (I.E.P.P) »

Employment History

May 2017 – present **THERASCIENCE**

1. Position: Medical lecturer/ Scientific Director



Therascience Corporation in Monaco has been a leading manufacturer of specially designed nutritional products for over twenty years..

I have the position as Scientific Director and medical speaker; I am responsible for giving many conferences in seminars about different health-related problems (*Lyme disease, Anti-aging strategy, Optimization of sport performance , etc....*) for physicians.

Key responsibilities: From 2017, I have given conferences in France (Lille, Marseille, Nantes, Toulouse, Lyon

Examples of subjects of conferences:

- "How fight efficiently against the **chronic Lyme disease** and co-infections"
- "What the best way to **improve aging and disease** "
- "**Fine tuning to improve body performance and body composition**
-

Employment History

July 2011 – April 2017 **ENERGETICA NATURA**



Position: Medical lecturer

Biotics Research Corporation in USA has been a leading manufacturer of specially designed nutritional products for over thirty years. Energetica Natura is its exclusive distributor in Europe.

I have the position as medical speaker; I am responsible for giving many conferences in seminars about different health-related problems (*inflammation and disease, metabolic syndrome, chronic fatigue syndrome, environmental medicine, etc...*) for physicians.



Key responsibilities: From 2011 to 2017, I have given about 96 conferences of 5 hours each in France (Paris, Bordeaux, Lyon, Strasbourg, Lille, Rennes, Biarritz...) and Belgium (Bruxelles).

Examples of subjects of conferences:

- "How fight efficiently against the **chronic Lyme disease** and co-infections"
- "**Hypothyroidism** in Functional Medicine: The truth about tests, Hashimoto, immune function, gluten, adrenal, 6 types of hypothyroidism"
- "**Diabetes**: causes, consequences & therapy" (5h)
- "Causes, consequences (nitrostress pathophysiology) & treatments of **environmental diseases**: CFS, fibromyalgia, MCS"

September 2003 – July 2011 **INTERNATIONAL ANTI-AGING & FUNCTIONAL MEDICINE CONFERENCES** (World Anti-Aging Conference, IMCAS, EEMA, SINES, International Quantic Medicine...)



Position: Medical lecturer for Anti-Aging Medicine with Thierry Hertoghe (more than 25 international conferences)

Meanwhile I was working for Oligosanté laboratories, I attended many famous world anti-aging congresses as a speaker.

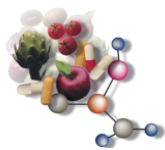
Key responsibilities: From 2003 to 2011, I gave about 50 conferences **in Europe**: France (Paris, Lille, Forges-les-Eaux , St Malo, Lyon, Strasbourg, Marseille, Nice, Narbonne, New Caledonia, French Polynesia), in Monaco, in Italy (Rome), in the Netherlands (Amsterdam), in Morocco (Marrakech), in Spain (Barcelona).

Examples of subjects of conferences:

- «Pathophysiology of **Chronic Fatigue Syndrome**» "Nutrigenomic of hepatic detoxification"
- «Improve **insulin and leptin** pathways for health»
- "The right **exercise**, dosing and fine tuning to live longer and better"

September 2003 – July 2011 **OLIGOSANTE - IFREMAS**

Position: Medical speaker



Oligosanté laboratory is a French manufacturer of specially designed nutritional products for over eighteen years.

I had the position as medical lecturer; I was responsible for giving many conferences in seminars about different health-related problems (inflammation and disease, metabolic etc...), for physicians and also for creating new products.



Key responsibilities: From 2003 to 2011, I gave more than **100 conferences in Europe**: France (Paris, Lille, Forges-les-Eaux, St Malo, Lyon, Strasbourg, Marseille, Nice, Narbonne, New Caledonia, French Polynesia), in Monaco, in Italy (Rome), in the Netherlands (Amsterdam), in Morocco (Marrakech), in Spain (Barcelona).

Exemples of subjects of conferences:

- «**Adipocytes** : adipogenesis, lipolysis and lipogenesis »
- « **Inflammation**: forerunner of numerous pathologies »
- « The **diabetes** epidemic: the nutritionist's response »
- « Natural hormonal modulation »

Educational History and Qualifications

- ✚ Diploma of Functional Medicine in London (2011)_*Institute for Functional Medicine, Washington, USA*
- ✚ Diploma of nutrition & micro-nutrition (2002)_*University of Dijon, France*
- ✚ Diploma of nutrition from Switzerland (2000)_*Zone Biodiététique, Sion, Switzerland*
- ✚ Certificate of biochemistry & physiology of University of California (1997)_*Medibolic, Los Angeles, USA*
- ✚ Baccalaureate level *Chartres, France*

Publications / Achievements

From 1998 to present I have written more than **350 articles** on training, diet, nutritional supplements, aging, health and on the harmful effects of the use of drug in sports, for many magazines and association newspapers.
Monthly columns were reserved for my articles in all the popular magazines of fitness - "Body fitness", "Monde du muscle", "ASPS" and many smaller publications on health and disease ("Nutranews"), Nutripages, Fashion Magazine

Professional Memberships

- ✚ Member of Academy of Sciences of New York
- ✚ Member of « 'Institut Européen de Physionutrition et de Phytothérapie (I.E.P.P) »

Interests Physical exercises (weight lifting, running), travels

References *I have many reference letters from medical physicians
Available upon request*

Curriculum Vitae

BRUNO LACROIX

